

**Parent to Parent Family Support Network of the High Country**

Serves: Alleghany, Ashe, Avery, Mitchell, Watauga, Wilkes & Yancey

**Avery, Mitchell & Yancey**

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Program Director

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Toll Free Family Line: (866) 812-3122

Email: parent2parent@appstate.edu

Website: [https://www.parent2parent.appstate.ed](https://www.parent2parent.appstate.edu)u

For the most up to date resources and services, check out our

Resource Directory: <https://www.p2presources.com>

**To contact the Exceptional Children’s Program in your county:**

Avery County Schools (Exceptional Children’s Department)

<https://www.averyschools.net/children-with-special-needs>

Phone: (828) 733-6006

Mitchell County Schools (Exceptional Children’s Department)

<http://www.mcsnc.org/departments/exceptional_children>

Phone: (828) 766-2220

Yancey County Schools (Exceptional Children’s Department)

<https://www.yanceync.net/exceptional-children>

Phone: (828) 682-6101 ext. 119

**To contact the North Carolina Exceptional Children’s Assistance Center**

www.ecac-parentcenter.org Help Line: 800-962-6817